



Espoon Ratsastajat ry Operating Guidelines

Introduction

1. Espoon Ratsastajat ry is a specialized equestrian and vaulting club that commenced operations in 2016. Initially, the focus was solely on riding, and vaulting has been part of the club's activities since 2018. Espoon Ratsastajat ry offers groups ranging from preschool-level mini-lessons to adult lessons without age restrictions.

The goal of Espoon Ratsastajat ry is to provide joy of movement to all interested children, youth, and adults. In our club, practice is conducted with a positive attitude, allowing everyone to set personal goals. Some members of the club also engage in competitive activities, which are pursued based on the interests and terms of the club members.

The following sections aim to describe the operational practices and guidelines of Espoon Ratsastajat ry.

Vision

2. Vision refers to the dream of what kind of club Espoon Ratsastajat ry aims to become in the future.

Vision: To be the warmest-hearted, largest, and most active equestrian club offering horse-related activities in Espoo.

Espoon Ratsastajat ry aims to provide positive physical experiences for children and youth in an encouraging atmosphere!

- Espoon Ratsastajat ry fulfills the criteria of a "Star Club" - the accreditation process is underway and awaiting approval.
- Espoon Ratsastajat ry collaborates with other local clubs and equestrian federations.
- Continuous training for instructors, teachers, and coaches ensures high-quality activities for club members.
- Espoon Ratsastajat ry maintains its position as a stable and reliable youth sports club.

Ethical Guidelines

3. Ethical guidelines describe the moral principles on which Espoon Ratsastajat ry's activities are based. These guidelines indicate what values are respected within our club and guide our actions.

Espoon Ratsastajat ry values:

- Providing all children the opportunity to develop horse-related skills, including riding and vaulting, at their own pace.
- Children are respected as individuals, and transitioning to a group suitable for their level is made as smooth as possible. All children are encouraged to be active.
- Supporting children's growth not only in riding and vaulting but also socially and mentally, promoting healthy and substance-free lifestyles.
- Providing all children the opportunity to participate in competitive activities based on their interests.

Goals

4. Common goals in a sports club create the foundation for collective action and success. Espoon Ratsastajat ry aims to create a safe, open environment where every child can experience success in physical activities.

Our goal is to encourage all active children to achieve personal victories and gain positive experiences with horses, riding, vaulting, and horse-related skills.

Practical Operating Principles of Espoon Ratsastajat ry

5. Riding and vaulting lessons are accessible through beginner courses for all interested in equestrian and vaulting activities. Various courses are tailored for different age groups and skill levels.
 - For children under school age: Mini beginner courses and introductory riding lessons.
 - For ages 7-10: Pony Academy program.
 - For juniors: Practice in groups according to skill level.
 - Competitive groups for those interested in coached training and competition.
 - Adult beginner courses and "Back to the Saddle" courses for adults resuming riding after a break.

Organization and Roles of Responsible Persons

6. The board of Espoon Ratsastajat ry is responsible for the club's operations and finances. In addition to the chairperson, the board includes a vice chairperson, a member secretary, and a treasurer. The board convenes for statutory meetings open to all members and as needed, about five times a year.

Activity Forms

7. Espoon Ratsastajat offers various activity forms for enthusiasts of different ages to explore the world of equestrian sports, vaulting, and horse skills. These activities include structured courses, coaching programs, and summer camps.

Membership Fees for 2023:

- Junior Membership: €63 (includes Finnish Equestrian Federation insurance and Hippo magazine)
- Senior Membership (over 18 years): €72 (includes Finnish Equestrian Federation insurance and Hippo magazine)
- Family Junior Membership: €40 (requires at least one full family member)
- Family Senior Membership: €45 (includes Finnish Equestrian Federation insurance)
- Supporting Membership: €15

Espoon Ratsastajat Board:

- Chairperson: Robert Tollet
- Vice Chairperson: Helena Tiitinen
- Member Secretary: Jonna Haavisto
- Treasurer: Elisa Tollet